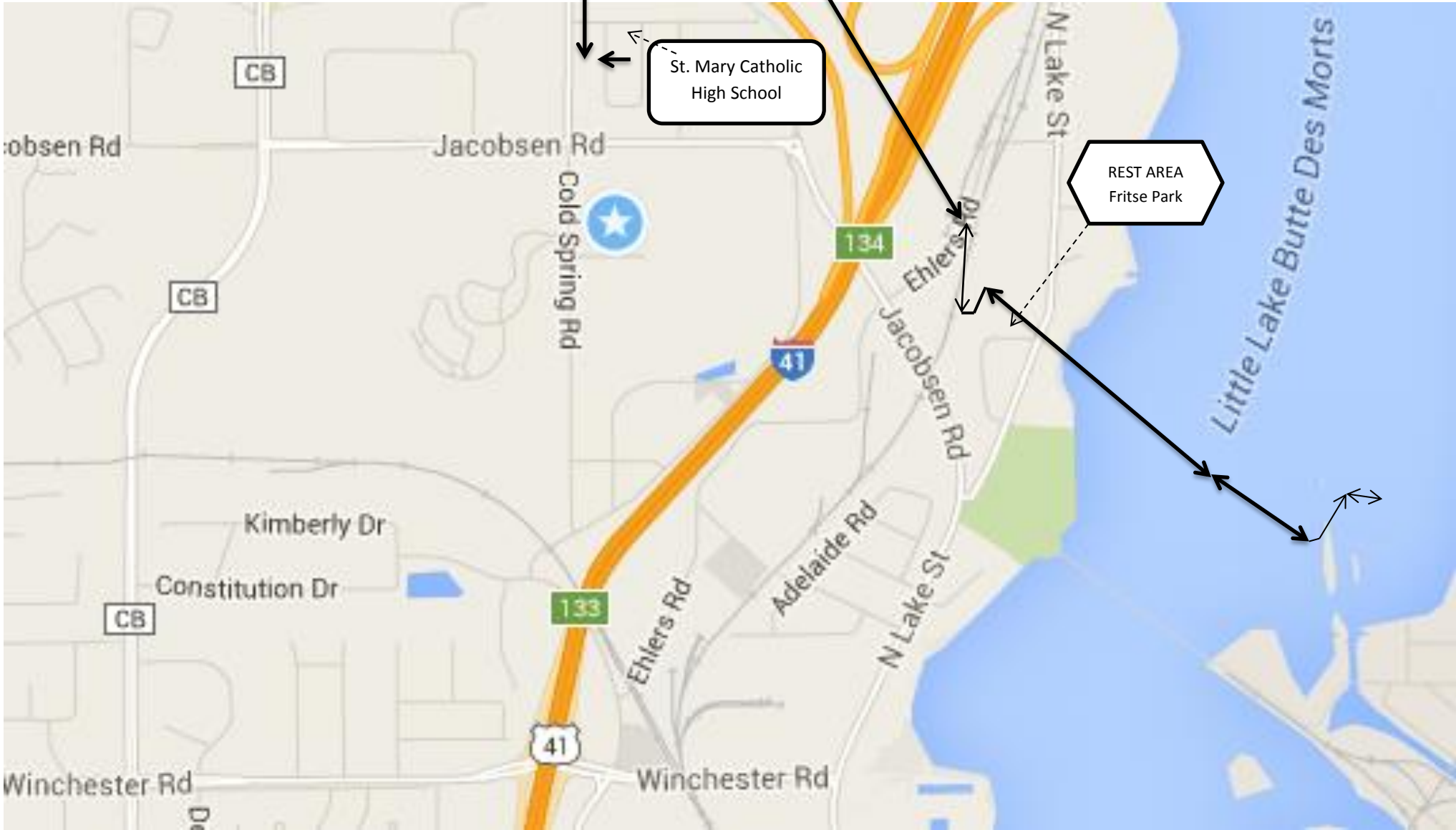


# 4 Mile Route



4 MILE CUE SHEET	
Start	St. Mary Catholic High School
0.14 mi	<b>R</b> Cold Spring Rd
0.46 mi	<b>R</b> Jacobsen Rd
0.52 mi	Go through roundabout to Friendship Bike Trail
0.62 mi	<b>L</b> Friendship Trail over Interstate 41
1.12 mi	<b>L</b> N Lake Street to stay on trail
1.18 mi	<b>R</b> Friendship Trail to Trestle Bridge
1.28 mi	<b>R</b> REST AREA - Fritse Park
1.28 mi	<b>R</b> Friendship Trail – go over Trestle Bridge
1.96 mi	Come back over Trestle Bridge
2.74 mi	Cross N Lake Street to stay on trail
2.80 mi	<b>R</b> Friendship trail over Interstate 41
3.47 mi	Roundabout to Jacobsen Rd
3.79 mi	<b>L</b> Cold Spring Rd toward Zephyr Dr
3.93 mi	<b>L</b> Return to school

**EMERGENCY CALL 911**  
**For SAG Assistance:**  
**920-422-1404**  
**or**  
**920-422-1408**

**HELMETS ARE REQUIRED**  
**FOLLOW ALL TRAFFIC LAWS**  
**INTERSECTIONS ARE UNCONTROLLED, USE CAUTION**  
**RESPECT OTHER USERS OF CB TRAIL.**  
**STAY TO THE RIGHT & RIDE SINGLE FILE.**

**ROUTE COLOR CODE**  
**YELLOW 4,8,12**  
**RED 25**  
**BLUE 55**  
**GREEN 75**  
**BLAZE ORANGE 100**

**PLEASE CHECK IN**  
**WHEN YOU COMPLETE YOUR RIDE SO WE**  
**KNOW YOU ARE BACK FROM THE RIDE.**

**THANK YOU** for participating in our  
**Gourmet Bike Tour!**

